

Australian Police & Service Match (APSM) 90 round Course of Fire

1. At 50 metres.

24 Shots to be fired in 2 minutes and 45 seconds in the following manner:

- a) Six shots prone at target four, reload in the prone position;
- b) Six shots in the sitting or kneeling position in the open at target three, reload in the sitting or kneeling position;
- c) Six shots on the right hand side of the barricade, standing with support, with right hand, at target two, reload behind the barricade;
- d) Six shots left hand side of the barricade, standing with support, with left hand, at target one.

2. At 25 metres.

- a) Six shots standing with support on right hand side of barricade, with right hand, at target four in 15 seconds. Left handed shooters will shoot in reverse on target three;
- b) Six shots standing with support, on the left side of the barricade, with left hand, at target three in 15 seconds. Left handed shooters will shoot in reverse on target four;
- c) Twelve shots to be fired in 35 seconds in the following manner:

Standing with support, six shots from the left side of the barricade, with left hand, at target one, reload from behind the barricade, six shots, right side of barricade, with right hand, at target two;
provided that where the shooter is left handed the series shall be shot in reverse order;

3. At 25 metres.

- a) Six shots unsupported clear of the barricade on target one in 7 seconds;
- b) Two shots on target two, three and four, in 7 seconds, unsupported clear of the barricade;
(In an unsupported series where more than one target is used, it is at the shooters' discretion in which order they may shoot at the nominated targets. The term "Unsupported" means standing clear of the barricade).

4. At 10 metres.

- a) Six shots on target four in 5 seconds;
- b) Three shots with each hand on target three in 8 seconds. Single hand only for each of the series of three shots, ie. one hand only to be used when the shots are being fired.
- c) Three shots on target one and target two in 5 seconds.

5. At 7 metres.

Twelve shots in 12 seconds with three shots on each of the two nominated targets.
Reload and repeat in any order.